CHINESE MEDICINE FOR HEALTH
Learn TCM and yangsheng 养生 in English

Intensive 8-week course conducted in English (key terms provided in Chinese as well) to help you and your loved ones attain health and vitality.

- Principles of TCM as a system of medicine
- Herbs, medical formulations and healthy food recipes
- Acupuncture, tuina and qigong for health and therapy
- Prevention and management of chronic illnesses
- Understanding and analyzing your own constitution
- Apply the wisdom of life cultivation (yangsheng 养生): for vigour and longevity and transform your lives!

COURSE DETAILS

Date and Time:
15 Aug – 3 Oct, 2015 (Saturdays 9.15am – 1230pm)
(Note: this course was previously scheduled from 27 June – 22nd Aug 2015)

Venue: NTU Alumni Club, 11 Slim Barracks Rise (off North Buona Vista Road; nearest MRT is Buona Vista) (venue subject to change)

Entry requirements:
- GCE ‘O’ Level and above or equivalent

Course fee: $560 ($476 after 15% discount).

10% discount granted to:
- Seniors (60 and above)
- Groups of 3 or more registering together
- Members of participating institutions (please enquire about eligibility)

5% additional early bird discount if registered before 20th July 2015

Register now!
Seats are limited. For enquiries & registration, please contact Karen/Sue below.

MAIN FEATURES

- Certificate awarded by NTU Confucius Institute and The Renhai Clinic
- Discounts at the Renhai clinic and other services offered by Renhai Corp on completion of course
- Demonstrations & learning sessions for acupressure and tuina
- Complimentary copy of the book Principles of Chinese Medicine (retail price around $40)

INSTRUCTORS

Hong Hai MD (Beijing U of Chinese Medicine), PhD (London) is a registered TCM physician and Adjunct Professor at NTU. Practises at the Renhai Clinic and Public Free Clinic with concentration on preventative medicine, chronic illnesses, acupuncture and internal medicine

Karen Wee BSc (NTU), BMed (Beijing U of Chinese Medicine). Registered TCM physician with interest in gynecology, pediatrics, acupuncture and internal medicine